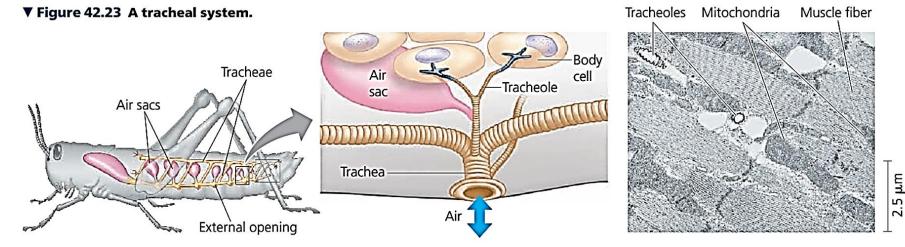
Tracheal Systems in Insects

In most terrestrial animals, respiratory surfaces are enclosed within the body, exposed to the atmosphere only through narrow tubes. Although the most familiar example of such an arrangement is the lung, the most common is the insect tracheal system, a network of air tubes that branch throughout the body. The largest tubes, called tracheae, open to the outside. At the tips of the finest branches, a moist epithelial lining enables gas exchange by diffusion. Because the tracheal system brings air within a very short distance of virtually every body cell in an insect, the efficient exchange of O2 and CO2 does not require the participation of the animal's open circulatory system.

Tracheal systems often exhibit adaptations directly related to bioenergetics. Consider, for example, a flying insect, which consumes 10 to 200 times more O2 when in flight than it does at rest. In many flying insects, cycles of flight muscle contraction and relaxation pump air rapidly through the tracheal system. This pumping improves ventilation, bringing ample O2 to the densely packed mitochondria that support the high metabolic rate of flight muscle.



(a) The respiratory system of an insect consists of branched internal tubes. The largest tubes, called tracheae, connect to external openings spaced along the insect's body surface. Air sacs formed from enlarged portions of the tracheae are found near organs that require a large supply of oxygen. (b) Rings of chitin keep the tracheae open, allowing air to enter and pass into smaller tubes called tracheoles. The branched tracheoles deliver air directly to cells throughout the body. Tracheoles have closed ends filled with fluid (blue-gray). When the animal is active and using more O₂, most of the fluid is withdrawn into the body. This increases the surface area of air-filled tracheoles in contact with cells.

(c) This micrograph above (TEM) shows cross sections of tracheoles in a tiny piece of insect flight muscle. Each of the numerous mitochondria in the muscle cells lies within about 5 μ m of a tracheole.

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